



Donny Anderson <sonrizer@gmail.com>

Dogwood Junior Championship 2021

Katie King <coachkatie@tristarrowing.com>

Tue, Apr 20, 2021 at 12:38 AM

To: members@tristarrowing.com, Athletes <athletes@tristarrowing.com>

Dogwood Junior Championship:

Dates: April 24-25th

Regatta Fee: \$65/athlete due by Wednesday, 4/21

- All regatta fees must be paid online through the teamstore: <https://www.tristarrowing.com/team-store/Regatta-fees-c45928266>

Race Site Address:

[697 Melton Lake Drive](#)

[Oak Ridge, TN 37830](#)

Parking:

Parking is allowed on both shoulders of Melton Lake Drive for free. "Premium Parking" is limited, and sold for \$20/car to park in the boathouse parking lot. Passes will be sold on a first come first serve basis at the entrance of the parking lot.

Saturday / Sunday Arrival Time: 6:00am

- Upon arrival each day, **all athletes must go directly to the PLAYGROUND (located by the blue-top pavilion)**. DO NOT go straight to the trailer. The Coaches will meet athletes at the playground to take temperatures and fill out a mandatory COVID screener provided by the Regatta committee. This must be done on Friday, Saturday and Sunday. Once we complete the screener, the coaches will get wristbands for all athletes. NO ONE is permitted into the "athlete" area without a wristband. (see red area on attached map)
 - **Varsity Women:** Find [Coach Katie](#) for temp check / screener
 - **Varsity Men:** Find [Coach Morgan Coppock](#) for temp check / screener
 - **Junior Varsity:** Find [Coach Jessie](#) for temp check / screener
- It is extremely important to be **on time** on race day(s).

Boosters:

Here is the sign up link: <https://signup.com/go/kBqDmkS>

Saturday Breakfast: breakfast burritos

Saturday Lunch: Salsaritas.

- Salsaritas for rowers is included in regatta fees.

- If family members would also like a meal from Salsaritas, it will be an additional \$13.75/person and must be paid for on the TSR website (this is the only form of payment we will accept) by Wednesday, 4/21 at 11:59pm. Your online payment will signify your order. No need to email me the number of additional lunches you need.
Pay here: <https://www.tristarowing.com/team-store/Dogwood-lunch-p312795056>

Sunday Breakfast: bagels, cream cheese, fruit, bars

Sunday Lunch: Grilled chicken wraps, chips, veggies

Uniform:

- All athletes will wear the team unisuit.
 - If you do not have a unisuit, please find Coach Nick at practice on **Thursday, 4/22**. He will provide you a unisuit or team race shirt to borrow.
- If extra layers are needed, please wear a white long sleeve/compression shirt under race shirts/unisuits. You can also wear full length spandex pants if needed.
- Coxswains- If you need extra layers, you can wear any red/white/blue or team jacket while racing.
- Athletes must wear the TriStar neck gaiter or Mask when on land. Please bring a ziplock bag to put your gaiter/mask in while racing to help keep it dry.
- A packing list is attached.

Launching/Recovering:

- Have oarlocks undone prior to getting to the docks
- No tennis shoes to launch! Please wear some type of slip on shoe to the launching area (i.e. flip flops, crocs, etc.)
- Only 2 oar carriers per boat launching, and 1 shoe carrier using the white baskets. Please remember to be quick on the dock—if you are carrying oars, place the oars on the dock **and then get off the dock. Do not linger.**
- Rowers: We will not have your shoes for you when you finish the race. You will be walking in your socks. Please plan accordingly, and bring extra socks. You can find your shoes back at the trailer.

Boosters/Spectators:

- Spectators / dogs are welcome free of charge.
 - Spectators- bring a folding chair! I also recommend binoculars, blankets, and a coffee cup :)
- We will have TriStar Booster tents set up. This is where all of our team will gather to cheer on races. Masks must be worn by all spectators on land during the event.
- Spectators are NOT allowed in the “athlete area” (see red area on attached map).
- SENIORS!!! Bring your banners! They will hang loud and proud at our booster tent!

Schedule:

Race Schedule and lineups will be sent tomorrow.

- Event schedule per boat is based on how many total boats registered for the event
- Event progression will be based on OUR results.

- Some athletes will race both days, while others may race on Saturday or Sunday only.
 - All athletes are welcome (but not required) to attend both days to help out and cheer on their teammates, even if they are not racing on both days.

Please follow this general rule:

At the trailer: 90 minutes prior to race time. *Use this time to warm up and check your boat.*

Hands on: 45 minutes prior to race time

Results:

Results will be posted in real-time at www.herenow.com

Athletes Racing Sunday ONLY:

Leah Alexander

Iris Baker

Mandi Burkhalter

Mike Campbell

Christian Carter

Miller Dean

Mary Campbell Doss

William Doss

Graham Ella

Connor Esmark

Parker Esmark

Sarah Flynn

Ethan Griggs

Kayleigh Haines

Lincoln Hancock

Caleb Harrison

Noah Raper

Morgan Reynolds

Paisley Saniger

Zoe Shankland

Freddy Sharkey

Josh Simpson

Joe Traister

James Ward

All other athletes have at least one race on Saturday, and will race on Sunday if they progress to the final of their event(s).

Go TriStar!



Katie King
Head Coach
TriStar Rowing




407-913-7935

coachkatie@tristarrowing.com

www.tristarrowing.com

--
To unsubscribe from this group and stop receiving emails from it, send an email to members+unsubscribe@tristarrowing.com.

5 attachments

-  **Practice Day Traffic Pattern.pdf**
1027K
-  **Heat:Semi:Final traffic pattern.pdf**
902K
-  **Time Trial Traffic Pattern.pdf**
392K
-  **Athlete Area Map.pdf**
503K
-  **Regatta Packing Checklist (2).pdf**
88K